

Executive Functioning Assessment

Impulse Control

Think before acting

Emotional Control

Keep feelings in check

Flexible Thinking

Adjust behavior to unexpected changes

Working Memory

Keep key information in mind while using it

Planning & Prioritizing

To set and meet goals

Self Monitoring

Self-awareness to how one is doing in the moment

Task Initiation

Organization

Keep track of things physically and mentally

Take action to get started on tasks

Executive function skills rely on three primary brain functions: working memory, mental flexibility, and self-control. We use these skills on a daily basis to learn, work and manage our day- to-day tasks. Difficulties with executive function can impact a child's ability to focus, follow directions and regulate their emotions.

Our executive functioning evaluation assesses various components of executive functioning through a combination of assessment tools, parent and child interviews, observations, and quantitative and qualitative measures.

The executive functioning evaluation is suitable for a child who does not have a history of developmental or academic concerns. Children with concerns in these areas benefit from a comprehensive diagnostic and psychoeducational evaluation. After the parent intake session, the psychologist determines which evaluation would be most beneficial for the child.



How do I know if my child needs an assessment?

- The child is school-aged (six years and above)
- There are concerns regarding the child's executive functioning domains (outlined in the figure), without additional concerns regarding specific learning difficulties or developmental milestones



What is included in the assessment?

We conduct evaluations in the mornings to ensure we are assessing the child's true ability and potential.

COMPONENTS	DURATION
Parent Session • Surveys for parents and teachers	1 hour
Assessment Session	3 hours
Feedback Session To explain the results and give recommendations	1 hour

For enquiries please complete our enquiry form:

Click here \rightarrow

