

Executive Functioning Assessment



Executive function skills rely on three primary brain functions: working memory, mental flexibility, and self-control. We use these skills on a daily basis to learn, work and manage our day- to-day tasks. Difficulties with executive function can impact a child's ability to focus, follow directions and regulate their emotions.

Our executive functioning evaluation assesses various components of executive functioning through a combination of assessment tools, parent and child interviews, observations, and quantitative and qualitative measures.

The executive functioning evaluation is suitable for a child who does not have a history of developmental or academic concerns. Children with concerns in these areas benefit from a comprehensive diagnostic and psychoeducational evaluation. After the parent intake session, the psychologist determines which evaluation would be most beneficial for the child.

How do I know if my child needs an assessment?

- The child is school-aged (six years and above)
- There are concerns regarding the child's executive functioning domains (outlined in the figure), without additional concerns regarding specific learning difficulties or developmental milestones



What is included in the assessment?

We conduct evaluations in the mornings to ensure we are assessing the child's true ability and potential.

COMPONENTS		DURATION
01	Parent Session	1 hour
	<ul style="list-style-type: none"> • Surveys for parents and teachers 	
02	Assessment Session	3 hours
03	Feedback Session	1 hour
	<ul style="list-style-type: none"> • To explain the results and give recommendations 	

For enquiries please complete our enquiry form:

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