

# Psychological Educational Assessment



The psychoeducational assessment is a comprehensive evaluation conducted by a psychologist to identify a child or adolescent's strengths and areas of growth. The assessment evaluates multiple areas of functioning. The evaluation aims to provide the parents, teachers, and child with valuable information about how that individual approaches tasks, accesses their abilities, learns, communicates, and processes information. Collectively this informs how to best optimise their learning.

The evaluation consists of standardised assessments, qualitative report measures, and observations. Assessments are catered to each individual's needs and areas of concern. Tests are added to the typical protocol if indicated during the testing process.

When testing is completed, the psychologist analyses the data gathered from the assessment to highlight the child's strengths in their profile and identify their areas of growth. This information guides recommendations that will support the child in school and at home. Parents attend a feedback session with the psychologist to review the results and a comprehensive report is shared.

Depending on the child's age, the psychologist may conduct a mini feedback session with the child to highlight their areas of strength and explain the purpose of the evaluation.

A meeting to review the results with the school is often requested to support the implementation of recommendations in school to help the child or adolescent thrive.

## How do I know if my child needs an assessment?

- They are of school-age (six years and above)
- You have questions regarding your child's learning and functioning
- They are having difficulty accessing the curriculum
- You have concerns related to attention, focus, and concentration
- You want to better understand your child's learning or developmental needs
- Your child displays signs of being gifted, yet they are not thriving
- The school requests an assessment in order to provide appropriate additional support
- You require accommodations for standardised assessments

## What do we evaluate?

We assess six areas of development:

**Cognitive Ability.** The assessment of intellectual ability such as verbal and nonverbal reasoning skills, memory consolidation, and processing speed.

**Language.** The assessment of your child or adolescent's ability to express themselves and understand language.

**Academic Skills.** The assessment of core academic skills such as reading, writing, spelling, and mathematics.

**Executive Functioning.** The assessment of attention and focus, as well as organisational skills and general management skills.

**Social-emotional Functioning.** The assessment of the child or adolescent's peer and adult interactions, their thoughts about themselves, and their ability to emotionally regulate.

**Behavioural Functioning.** The assessment of the child or adolescent's ability to control their behaviour and engage in prosocial behaviour.



# What is included in the assessment?

We conduct evaluations in the mornings to ensure we are assessing the child's true ability and potential.



COMPONENTS	DURATION
<p><b>01 Initial Parent consultation meeting</b></p> <ul style="list-style-type: none"> <li>• Review concerns and reason for the evaluation</li> <li>• Gather academic, social and behaviour history</li> <li>• Identify areas of focus for the evaluation</li> <li>• Explain the evaluation process</li> <li>• Answer any questions regarding the evaluation</li> </ul>	<b>1 hour</b>
<p><b>02 Assessment Sessions</b></p> <ul style="list-style-type: none"> <li>• Typically two or three sessions depending on the child's needs</li> <li>• Duration is tailored to the child or adolescent's age, stamina, and ability</li> <li>• The evaluation aims to obtain the best performance from the child or adolescent</li> </ul>	<b>3 hours per session</b>
<p><b>03 School Observation</b></p> <ul style="list-style-type: none"> <li>• This is an optional bonus based on the child's needs. This will be discussed in the initial parent consultation meeting</li> </ul>	<b>1 hour</b>
<p><b>04 Feedback Session</b></p> <ul style="list-style-type: none"> <li>• To explain the results and give recommendations</li> </ul>	<b>1 hour</b>

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