

CLUB CONFIDENCE

CENTRAL HEALTH
Child Development Team



The confident club is a specialised therapeutic support group with the explicit goal of building and generalizing confident speech and social interactions for children. Group sessions allow kids to learn through modelling and observing each other. They inspire each other to develop their bravery!

The group will be run by Assistant Psychologists Daisy Geddes and Florrie Manzoni, supervised by Clinical Psychologist Dr Melissa Giglio.

COMMON TARGETED GOALS



IMPROVING
PROSOCIAL
SKILLS

STRENGTHENING
PERSISTENCE WITH
CHALLENGE

TOLERATING
UNCERTAINTY
AND MAKING
GUESSES

LEARNING HOW TO
ADVOCATE FOR
THEMSELVES

SPEAKING
CONFIDENTLY

INITIATING
INTERACTION
WITH
OTHERS



When: Autumn Term

Grade 1 & 2: 3-4pm at HKIS on Mondays (4th Sept - 20th Nov; 10 sessions - no sessions on the 2nd & 23rd of October)

R1 & R2: 3-4pm at CDT on Fridays (8th Sept - 17th; 10 sessions; no session on the 6th October)

Cost: HK\$10,000 total for 10 sessions

Registration: Scan QR code or email: ccc@centralhealth.com