



# CENTRAL HEALTH

*Child Development Team*

## FINE & READY FOR SCHOOL

### Fine Motor Skills Development Camp

Does your child lose motivation to write or draw? Do they have trouble cutting, crafting, playing with legos? Do they hold their pencil with an odd grip? Do they have difficulty with buttons, zips or shoelaces? If so, our Fine Motor Summer Camp is the solution for your child! Lorena Mare, Occupational Therapist, will be leading this five day, 2 hours per day intensive camp to target all the fine motor difficulties your child may be presenting with.

#### Areas of focus include:

- Handwriting skills (pencil grip, letter formation and more)
- Scissor skills
- Self-care skills (buttons, zips and shoelaces)
- Hand strengthening
- Bilateral coordination
- In hand manipulation
- Shoulder stability and core



**Date:** August 7th - 11th, 2023

**Time:** 1.30pm - 3.30pm (ages 4-6); 4.00pm - 6.00pm (ages 7-10)

**Duration:** 2 hours

**Price:** \$7,500 for all five days

If you are currently not a client of Lorena Mare, an additional parent lead-in session is required before attendance (not included in camp price).

To register email: [lmare@centralhealth.com.hk](mailto:lmare@centralhealth.com.hk)